# **About your children's School Meals**

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.







# **Healthy Eating**

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

#### **Free School Meals**

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals. Check your eligibility and apply at <a href="https://www.gov.uk/apply-free-school-meals">www.gov.uk/apply-free-school-meals</a>

#### Our Food

Our food has Food for Life accreditation showing that:

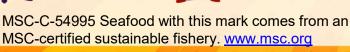
- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

### **Dietary Requirements and Allergens**

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

https://forms.office.com/e/nEYJUzbEZt?origin=lprLink











Week: 1 Date: 2nd Sept, 22nd Sept, 13th Oct, 17th Nov, 8th Dec, 12th Jan, 2nd Feb

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Walter Halls Primary

## Pizza Monday

Tuck In Tuesday

Hot Dog or

Wedges

Veggie Hot Dog

Served with Potato

### Roasty **Toasty Feast** Wednesday

Roast Turkey with

Served with Cloudy

Mash Mountains &

Yorkshire Puddina

with Gravy

Gravy or Quorn Roast

Beef Spaghetti Bolognaise or Magic Macaroni Cheese

**Around** 

the World

**Thursday** 

Served with Baguette Slice

Crunchy Carrots or Crispy Fresh Salad

**Fish** Friday

Fish Fingers or Fishless Fingers

Served with Crispy Oven Chips & Tomato Sauce

Power Peas or Crispy Fresh Salad





Meat Feast Pizza or Cheese and Tom Pizza

Served with Garlic Bread & Coleslaw

Crunchy Carrot and Cucumber Batons or Crispy Fresh Salad

Baked Beans or Fresh Salad

Crunchy Carrots / Broccoli Trees

> Jacket Potato with choice of filling (Cheese / Tuna)

Ham or Cheese Sandwich served with Crispy Fresh Salad

/eg/Salad Something Different

Main

Jacket Potato with choice of filling (Cheese / Tuna)

Veggie Meatball Pasta Served with Baquette Slice & Crispy Fresh Salad

Cheese and Tomato Panini Served with Crispy Fresh Salad

Apple Muffin

Chocolate **Crispy Cakes** Or Fresh Fruit Salad

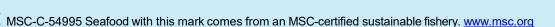
Marble Cake & Custard Or Fresh Fruit Salad



Jelly and Fruit Or Fresh Fruit Salad Jam Drop Biscuit with Milk Or Fresh Fruit Salad Or Fresh Fruit Salad





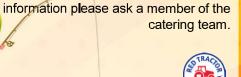






Week: 2 Date: 8th Sept, 29th Sept, 3rd Nov, 24th Nov,16th Dec,19th Jan, 9th Feb

Walter Halls Primary



Salad, fresh fruit, bread and water are available

to pupils every day in all schools. For allergen



# Pizza Monday

**Tuck In Tuesday** 

BBQ Chicken Pizza or Cheese and Tom Pizza

Served with Garlic

**Bread & Coleslaw** 

**Beef Burger** or Veggie Burger

Served with Diced Potatoes

Roasty **Toasty Feast** Wednesday

Roast Pork with Gravy or Quorn Roast with Gravy Served with Cloudy Mash Mountains Yorkshire Puddina

Around the World **Thursday** 

Chicken Curry served with flatbread & Rice

Veggie Mexican Fiesta Wraps Served with Rice

Sunshine Sweetcorn or Crispy Fresh

Power Peas or Crispy Fresh Salad

**Fish** 

Friday

Salmon Fish Fingers

or Fishless Fingers

Crispy Oven Chips

& Tomato Sauce

Fish Fingers

Served with

Seasonal Veg/Salad

Main

Carrot and Cucumber Batons or Crispy Fresh Salad

Jacket Potato with

choice of filling

(Cheese / Tuna)

Baked Beans / or Crispy Fresh Salad

Mascarpone Pasta

Served with Baquette

Sliced & Crispy Fresh

Cheese and Tomato Panini Served with Crispy Fresh Salad

**Crunchy Carrots** 

/ Broccoli Trees

Jacket Potato with choice of filling (Cheese / Tuna)

Salad

Ham or Cheese Sandwich served with Crispy Fresh Salad

Dessert

Something Different

**Oaty Cookies** Or Fresh Fruit Salad

Corn Flake Tart & Custard Or Fresh Fruit Salad

Salad

Chocolate Shortbread or Fresh Fruit Salad

**Iced Mandarin** Sponge & Milk Or Fresh Fruit Salad



Iced Carrot and Pineapple Muffin and Milk Or Fresh Fruit Salad









Week: 3 Date: 15th Sept,6th Oct, 10th Nov,

1st Dec, 5th Jan, 26th Jan

Main

/eg/Salad



Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.

## Walter Halls Primary

Roasty

**Toasty Feast** 

Wednesday

Roast Chicken with

Sausage with Gravy

Served with Cloudy

Mash Mountains

**Crunchy Carrots** 

/ Broccoli Trees

Cheese and Tomato

Panini Served With

Crispy Fresh Salad

Yorkshire Puddina

Gravy or Veggie



### Pizza Monday

Ham Pizza or Cheese and Tomato Pizza

Served with Garlic **Bread and Coleslaw** 

Carrot and Cucumber Batons or Crispy Fresh Salad

Tomato and Basil Pasta Served **Baguette Slice** 

Fruit

Ice Cream & Or Fresh Fruit Salad

Tuck In

**Tuesday** 

Homemade

Snack

Wedges

Salad

Beans)

Pork Sausage

Roll or Cheese

Served with Potato

Baked Beans or

Crispy Fresh

**Jacket Potato** 

with choice of filling

(Cheese / Tuna/

Chocolate & Orange Cookie Or Fresh Fruit Salad

**Bakewell Muffin** & Milk Or Fresh Fruit Salad

Around the World **Thursday** 

**BBQ** Chicken or **BBQ Quorn** 

Served with Flatbread & Rice

Sunshine Sweetcorn or Crispy Fresh Salad

Pizza Pasta Served With Baguette & Crispy Fresh Salad

Crispy Fresh Salad

**Fish Friday** 

Breaded Fish Portion or Fishless Fingers

Served with Crispy Oven Chips & Tomato Sauce

Power Peas or Fresh Salad

Ham or Cheese Sandwich served with

Dessert

Something Different

Flapjack and Raisins Or Fresh Fruit Salad

Chocolate Fudge **Pudding & Custard** Or Fresh Fruit Salad





