Teaching race:

education resources

for parents and teachers

Information for parents

1. How to Talk to Kids about Race

This video gives some advice to parents on discussing race with children. It might be a subject you are uncomfortable bringing up, but the video explains some small things you can do. It is slightly Americanised.

2. The Doll Test: The Effects of Racism on Children

A short video that highlights how ingrained white-centric ideals are in children.

3. BBC: How to Talk to your Children about Race and Racism

A brief guide from BBC woman's hour that gives some great tips for parents if they find it difficult to discuss racism informatively with children.

4. Childline Understand Me Campaign

Childline has compiled resources and advice for families on breaking down initialised racism and tackling stereotypes.

Books

1. [The Day You Begin](#)
2. [We March](#)
3. [My Hair is a Garden](#)
4. [Hats of Faith](#)
5. [Happy in my Skin](#)
6. [The Proudest Blue](#)
7. [Malala's Magic Pencil](#)

Read Aloud Books

1. [A Kids Book About Racism](#)
   An excellent and informative story video.
2. [Something Happened in our Town](#)
   This is a fantastic book, but has some heavy material and is based in America
3. [The Breaking News](#)
   This book addresses how small children can feel sometimes when there is scary news distracting adults.
4. [Not My Idea: A Story About Whiteness](#)
   Again can be heavy and America-central - but is especially close to some of the things in the news right now.

Other Resources

1. [Hair Love (Disney Short)](#)
   This short film looks at a family as the father tries to learn how to style his daughters afro. The film is a good resource for discussions about appearances, and stimulus for conversations about textured afro hair.

2. [Letterbox Books](#)
   This website is a children's bookseller which promotes books about religion and race.

3. [Newsround](#)
   Newsround is fantastic, and posts lots of extra videos to help explain hard parts of the news in more depth.