

Walter Halls Primary School PE Long Term Plan & Competitions 2022 / 2023

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
F1	Using the space - behaviour for learning Ring Games Action Songs	Movement linked to Core Stories – following instructions and moving in different ways	‘Goodness Gang’ or ‘Superhero’ Physical Challenge – teaching and practicing specific skills	As Spring 1 + ball skills + using the larger indoor equipment – risk taking and safety	Team Games / activities developing and extending the skills from Spring Term	Using the large outdoor equipment – risk taking and safety, including sun safety
F2	Establishing rules and routines when in the hall. Moves freely in a range of way ways and negotiates space confidently.	Throwing and catching skills.	RealPE – Personal	Travels with confidence and skill, around, under, over and through balancing and climbing equipment.	RealPE - Social	Sports day practise and ball games, including throwing and catching practise.
Y1	Fundamental movements- jumping, running, skipping	Multiskills-throwing & catching	Gymnastics RealPE - Personal	Multiskills-team games	Multiskills-bat & ball skills	Athletics – sports day practise RealPE - Social
Y2	Dance	Bat&ball/ Ice Hockey	Net/wall -Tennis	Throwing & catching RealPE - Personal	Invasion games- Dodgeball	Athletics – sports day practise RealPE - Social
Y3	Dance	invasion games- tag rugby	Net & wall- Handball Basketball 3b	net & wall – tennis Basketball 3a	Athletics Real PE - Personal This girl can sport festival.	Kickboxing fitness
Y4	Swimming/4a Net/wall- Handball RealPE – Personal	Swimming/4a Gymnastics	Swimming/4a Invasion games – Unihockey Basketball 4b Boys active sports festival.	Swimming/4b Net&wall -tennis/ Basketball 4a	Swimming/4b OAA	Swimming/4b Athletics – sports day practise.
Y5	Dance RealPE – Personal	Invasion game – tag rugby	Net & wall- Handball	Strike & field -rounders Handball	Kickboxing fitness Swimming 5a/ Ice skating 5b	Athletics – sports day practise. Swimming 5b/ Ice skating 5a

Y6	Invasion game- basketball Football league Young ambassador conference	Net & wall- Dodgeball Football league RealPE - Personal	Gymnastics Football league	Kickboxing fitness	Strike&field/ cricket Bikeability RealPE - Social	Move & learn /OAA Young Ambassadors Awards Festival

Competitions – festival, participation, leadership, competition and personal challenges