# Child-friendly Peer on Peer abuse Policy February 2022



Written By: Year 6 2022



**WE NEED TO STOP ABUSE NOW!** 

Both Year 6 classes, in 2022, helped to write our child friendly version of our peer on peer abuse policy.

First we discussed: Abuse, peer on peer abuse, Bullying, Relationships, How do I know if someone is being abused, what should I do if I am being abused, What should I do if someone else is being abused, how can I talk to and how we can stop abuse from happening?

We watched video clips from the PSHE association and Childnet to help form open discussions about peer on peer abuse.

This child friendly policy is designed to help other children understand what peer on peer abuse is. We have shared who you can talk to if you feel unsafe in school or who to go to if you need someone to talk.

We discussed that there are times when you want to talk to someone in school about a problem or worry that might be upsetting you. There are posters around school who have the names of people that you can talk to, you can also always speak to teachers, TAS and dinner staff.



# Year 6 have discussed the following and have shared their answers to be used to help others.

**Abuse** - Abuse is abuse and should never be tolerated or passed off as 'banter' or 'part of growing up'.

"To hurt someone badly"

"Abuse doesn't just happen to humans"

"Abuse can happen online and in person"

"Physical, sexual, emotional, neglect, bullying and cyber bullying"

#### What is peer on peer abuse?

There are many forms of abuse that may occur between peers, we discussed physical, sexual, emotional, neglect, bullying and cyber bullying.

"Bullying people, making fun of them and making them feel sad"

"When the same age person falls out with you or fights you"

"They are in the same class or age group and deliberately hurt you"

## **Bullying**

Bullying is unwanted, aggressive behaviour among school aged children that involves a real or perceived power imbalance. The behaviour is repeated, or has the potential to be repeated, over time. Both young people who are bullied and who bully others may have serious, lasting problems.

"Bullying is something that repeatedly happens"

"Sexual, emotional, verbal, cyber, domestic and neglect"

"Physical – kicking/punching/pushing"

"Cyber bulling, it happens online but can still be as hurtful as in person"

"Repeatedly hurtful, anyone could be a bully"

#### **Healthy Relationships**

# We discussed healthy and unhealthy relationships are referred back to the recent NSPCC workshops.

"Someone you can talk to without feeling judged"

"You may be in similar situations and can support each other"

"Telling them the truth"

"Someone who sticks by you no matter what"

"Someone that allows you to have other friends"

#### **Unhealthy relationships**

"Constantly calling you names, they say its banter"

"Not interested in your views or opinions"

"Never listen to you"

"Tell you to do things you don't want to do"

"Say they won't be your mate if you don't do what they say"

#### How do I know if someone is being abused?

We discussed It might be hard to know if someone else is being abused and its important to ask or direct help if needed.

#### Signs

"They may stop talking or wanting to play with you"

"They may become a bully because they are hurting themselves"

"Could have bruises or cuts"

### What should I do if someone is being abused?

The first thing you should do is tell someone you trust. We discussed this could be a family member, a friend or any adult in our school.

"Help them get help"

"Listen to them"

"Tell a teacher"

#### Who can I talk to?

We talked about our posters we have that name the people we can always talk to in school: Mrs Beardah, Mrs Glover, Jodie Burton and Kerrie Chandler. We also discussed using time to talk boxes in classes to talk with our teachers.

#### In School

"Teachers, teaching assistants, dinner staff and middays, Jodie and Mrs Chandler, friends"

"Sometimes I speak to my teacher but if it was really serious I would speak to Mrs Glover or Mrs Beardah"

"We have a box in our classroom that you can put your name in, then the teacher will check in with you"

"Time to talk with Mrs Chandler"

#### Out of school

"Parents, grandparents, police, neighbours"

"Sometimes I talk to my friends online"

"My older sister, if she's home"

### How can I help stop abuse from happening.

We discussed taking part in school activities like anti bullying week, assemblies, PSHE lessons and circle time, which talk about peer-on-peer abuse.

Also that it's important to talk to someone when we are worried.

"Being kind and respectful to others".

"Thinking about people's feelings before we say or do something".

"Talking to a teacher or someone in school to ask them to stop it from happening"

"Being a good friend, being able to listen"

"Seeing if the person wants you to help"

"You may need to call the police"

"Call childline 0800 1111"