

## Walter Halls Primary School PE Long Term Plan & Competitions

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
F1	Using the space - behaviour for learning Ring Games Action Songs	Movement linked to Core Stories – following instructions and moving in different ways	‘Goodness Gang’ or ‘Superhero’ Physical Challenge – teaching and practicing specific skills	As Spring 1 + ball skills + using the larger indoor equipment – risk taking and safety	Team Games / activities developing and extending the skills from Spring Term	Using the large outdoor equipment – risk taking and safety, including sun safety
F2	Establishing rules and routines when in the hall. Moves freely in a range of way ways and negotiates space confidently.	Throwing and catching skills.	RealPE – Personal	Travels with confidence and skill, around, under, over and through balancing and climbing equipment.	RealPE - Social	Sports day practise and ball games, including throwing and catching practise.
Y1	Fundamental movements- jumping, running, skipping	Multiskills-throwing & catching	Gymnastics  RealPE - Personal	Multiskills-team games	Multiskills-bat & ball skills	Athletics – sports day practise  RealPE - Social
Y2	Dance	Bat&ball/ <b>Ice Hockey</b>	Net/wall -Tennis	Throwing & catching  RealPE - Personal	Invasion games- Dodgeball	Athletics – sports day practise RealPE - Social
Y3	Dance	invasion games- tag rugby	Net & wall- Handball <b>Basketball 3b</b>	net & wall – tennis <b>Basketball 3a</b>	Athletics Real PE - Personal  This girl can sport festival.	Kickboxing fitness
Y4	<b>Swimming/4a</b> Net/wall- Handball  RealPE – Personal	<b>Swimming/4a</b> Gymnastics	<b>Swimming/4a</b> Invasion games – Unihockey <b>Basketball 4b</b> Boys active sports festival.	<b>Swimming/4b</b> Net&wall -tennis/ <b>Basketball 4a</b>	<b>Swimming/4b</b> OAA	<b>Swimming/4b</b> Athletics – sports day practise.
Y5	Dance  RealPE – Personal	Invasion game – tag rugby	Net & wall- Handball	Strike & field -rounders <b>Handball</b>	Kickboxing fitness <b>Swimming 5a/ Ice</b> <b>skating 5b</b>	Athletics – sports day practise. <b>Swimming 5b/ Ice skating 5a</b>

Y6	<b>Invasion game- basketball</b> Football league Young ambassador conference	<b>Net &amp; wall- Dodgeball</b> Football league  <b>RealPE - Personal</b>	<b>Gymnastics</b> Football league	<b>Kickboxing fitness</b>	<b>Strike&amp;field/ cricket</b> <b>Bikeability</b>  <b>RealPE - Social</b>	<b>Move &amp; learn /OAA</b> Young Ambassadors Awards Festival

Competitions – festival, participation, leadership, competition and personal challenges